

| INDEPENDENT LIVING                         |               | FEATURED ON PAGE | PHONE        | CITY          | INDEPENDENT | MONTHLY COST<br><i>Starting From</i> | SUBSIDIES | PETS ALLOWED | MEALS / DINING SERVICES |
|--|---------------|------------------|--------------|---------------|-------------|--------------------------------------|-----------|--------------|-------------------------|
| <b>ALEXANDRIA</b>                          |               |                  |              |               |             |                                      |           |              |                         |
| Alate Old Town                             |               |                  | 703-254-3382 | Alexandria    |             |                                      |           | ●            | ●                       |
| Annie B. Rose House                        |               |                  | 703-548-4946 | Alexandria    | 91          |                                      | ●         | ●            |                         |
| Beasley Square                             |               |                  | 703-853-0638 | Alexandria    | 8           |                                      | ●         |              |                         |
| Claridge House Alexandria                  |               |                  | 703-823-5444 | Alexandria    | 300         |                                      | ●         | ●            |                         |
| <b>Elancé at Alexandria</b>                | INSERT        |                  | 703-845-5100 | Alexandria    | 160         | 2,795                                |           | ●            | ●                       |
| <b>Goodwin House - Alexandria</b>          | 22-23         |                  | 703-578-7201 | Alexandria    | 268         | 3,010                                |           | ●            | ●                       |
| Ladrey Highrise                            |               |                  | 703-549-7115 | Alexandria    | 170         |                                      | ●         | ●            |                         |
| <b>The Landing</b>                         | 33            |                  | 571-577-6011 | Alexandria    |             |                                      |           | ●            | ●                       |
| <b>Paul Spring Community</b>               | INSERT        |                  | 703-768-0234 | Alexandria    | 145         | 5,300                                |           | ●            | ●                       |
| <b>The View Alexandria</b>                 | 22-23         |                  | 703-797-3844 | Alexandria    | 32          | 4,085                                |           | ●            | ●                       |
| <b>ARLINGTON COUNTY</b>                    |               |                  |              |               |             |                                      |           |              |                         |
| Carlin, The                                |               |                  | 703-243-4300 | Arlington     | 162         | 922                                  |           | ●            |                         |
| Claridge House I                           |               |                  | 703-521-9100 | Arlington     | 300         |                                      | ●         | ●            | ●                       |
| Culpepper Garden                           |               |                  | 703-528-0162 | Arlington     | 267         | 652                                  | ●         | ●            | ●                       |
| Hunter's Park at Cherrydale                |               |                  | 703-892-4330 | Arlington     | 74          | 400                                  | ●         |              |                         |
| Lockwood/Elmwood House                     |               |                  | 703-538-6000 | Arlington     | 150         |                                      | ●         | ●            | ●                       |
| Jefferson, The                             |               |                  | 703-516-9455 | Arlington     | 325         |                                      |           | ●            | ●                       |
| Sunrise at Bluemont Park                   |               |                  | 703-536-1060 | Arlington     | 128         |                                      |           | ●            | ●                       |
| Woodland Hill                              |               |                  | 703-931-5700 | Arlington     | 235         | 684                                  | ●         | ●            | ●                       |
| <b>FAIRFAX COUNTY</b>                      |               |                  |              |               |             |                                      |           |              |                         |
| <b>Aarondale Community</b>                 | INSERT        |                  | 703-813-1800 | Springfield   | 72          | 3,990                                |           | ●            | ●                       |
| Arbor Terrace of Herndon                   |               |                  | 703-956-6311 | Herndon       | 80          | 3,635                                |           | ●            | ●                       |
| Coppermine Place                           |               |                  | 703-793-0336 | Herndon       | 66          |                                      | ●         | ●            |                         |
| Forest Glen at Sully Station               |               |                  | 703-802-9501 | Centreville   | 202         | 890                                  |           | ●            |                         |
| <b>Goodwin House - Bailey's Crossroads</b> | 22-23         |                  | 703-820-1488 | Falls Church  | 329         | \$3,134                              |           | ●            | ●                       |
| <b>Greenspring</b>                         | 18-19         |                  | 877-211-6288 | Springfield   | 1,365       | 2,431                                |           | ●            | ●                       |
| Gum Springs Glen                           |               |                  | 703-780-9072 | Alexandria    | 60          | 966                                  |           | ●            |                         |
| <b>Harmony at Chantilly</b>                | 105, 123, 172 |                  | 703-994-4561 | Herndon       | 36          | 5,525                                |           | ●            | ●                       |
| Herndon Harbor House I & II                |               |                  | 703-904-9444 | Herndon       | 120         | 910                                  | ●         | ●            |                         |
| <b>Heatherwood Community</b>               | INSERT        |                  | 703-425-1698 | Burke         | 100         | 5,400                                |           | ●            | ●                       |
| <b>Hunters Woods at Trails Edge</b>        | 21            |                  | 703-429-1130 | Reston        | 91          | 3,199                                |           | ●            | ●                       |
| Hunters Woods Fellowship House             |               |                  | 703-620-4450 | Reston        | 220         | 926                                  | ●         | ●            | ●                       |
| Kendrick Court at McNair Farms             |               |                  | 703-793-9300 | Herndon       | 139         | 815                                  |           | ●            |                         |
| Lake Anne Fellowship House                 |               |                  | 703-471-6474 | Reston        | 240         | 492                                  | ●         | ●            | ●                       |
| The Fairfax                                |               |                  | 703-799-1200 | Ft. Belvoir   | 382         |                                      |           | ●            | ●                       |
| Fallstead at Lewinsville Center            |               |                  | 703-659-6590 | McLean        | 22          |                                      | ●         | ●            | ●                       |
| Lewinsville, The                           |               |                  | 703-442-8660 | McLean        | 161         |                                      | ●         | ●            | ●                       |
| Lincolnian                                 |               |                  | 703-914-0330 | Alexandria    | 26          |                                      | ●         | ●            | ●                       |
| Little River Glen                          |               |                  | 703-503-8700 | Fairfax       | 120         | 765                                  |           | ●            | ●                       |
| Manchester Lakes Senior Apartment          |               |                  | 703-921-5500 | Alexandria    | 252         | 845                                  |           | ●            |                         |
| <b>The Mather</b>                          | 87            |                  | 703-348-8522 | Tysons/Mclean | 293         | 3,420                                |           | ●            | ●                       |
| Morris Glen Apartments                     |               |                  | 703-719-7268 | Alexandria    | 60          | 856                                  |           | ●            |                         |
| Olley Glen Senior Residences               |               |                  | 703-323-6565 | Fairfax       | 90          | 920                                  |           | ●            |                         |
| Overture Fair Ridge                        |               |                  | 703-665-6825 | Fairfax       | 200         | 1,995                                | ●         | ●            | ●                       |

**BOLD LISTINGS = POSITIVE AGING COMMUNITY CHAMPIONS**

|  |               | FEATURED ON PAGE | PHONE         | CITY  | INDEPENDENT | MONTHLY COST<br><i>Starting From</i> | SUBSIDIES | PETS ALLOWED | MEALS / DINING SERVICES |
|--|---------------|------------------|---------------|-------|-------------|--------------------------------------|-----------|--------------|-------------------------|
| <b>FAIRFAX COUNTY (continued)</b>                |               |                  |               |       |             |                                      |           |              |                         |
| <b>Paul Spring Community</b>                     | INSERT        | 703-768-0234     | Alexandria    | 145   | 5,300       |                                      | ●         | ●            |                         |
| Thoreau Place Condominiums                       |               | 703-620-0434     | Reston        | 135   |             |                                      | ●         |              |                         |
| Tysons Towers Apartments                         |               | 703-281-2080     | Vienna        | 274   | 578         |                                      | ●         | ●            |                         |
| <b>Vinson Hall Retirement Community</b>          | 97            | 703-536-4344     | McLean        | 240   | 2,061       |                                      | ●         | ●            | ●                       |
| <b>Virginian, The</b>                            | 25            | 703-385-9229     | Fairfax       | 155   | 4,800       |                                      | ●         | ●            |                         |
| <b>Woodlands Retirement Community, The</b>       | 119           | 703-667-9801     | Fairfax       | 102   | 3,824       |                                      | ●         | ●            |                         |
| <b>Woodleigh Chase</b>                           | 18-19         | 877-211-6288     | Fairfax       | 259   | 3,184       |                                      | ●         | ●            |                         |
| <b>LOUDOUN COUNTY</b>                            |               |                  |               |       |             |                                      |           |              |                         |
| <b>Ashby Ponds</b>                               | 18-19         | 877-211-6288     | Ashburn       | 1,392 | 2,687       |                                      | ●         | ●            |                         |
| <b>Ashleigh at Lansdowne Community</b>           | INSERT        | 703-828-9600     | Lansdowne     | 115   | 4,565       |                                      | ●         | ●            |                         |
| Cascades Village                                 |               | 703-896-9771     | Sterling      | 150   | 854         |                                      | ●         |              |                         |
| <b>Falcons Landing</b>                           | 95            | 703-404-5151     | Potomac Falls | 328   | 3,354       |                                      | ●         | ●            |                         |
| Hessler Heights                                  |               | 703-723-3870     | Leesburg      | 159   | 2,745       |                                      | ●         | ●            |                         |
| Madison House Apartments                         |               | 703-777-5510     | Leesburg      | 100   |             |                                      | ●         | ●            |                         |
| Sommerset Retirement Community                   |               | 703-450-6411     | Sterling      | 102   | 2,540       |                                      | ●         | ●            |                         |
| Sunrise at Countryside                           |               | 703-430-0681     | Sterling      | 53    |             |                                      | ●         | ●            |                         |
| <b>The View Chantilly by Goodwin Living</b>      | 22-23         | 703-596-8967     | Chantilly     | 206   |             |                                      | ●         | ●            |                         |
| Waltonwood Ashburn                               |               | 703-468-0423     | Ashburn       | 115   | 4,695       |                                      | ●         | ●            |                         |
| Wingler House I and II                           |               | 703-858-9507     | Ashburn       | 264   | 931         |                                      | ●         |              |                         |
| <b>PRINCE WILLIAM COUNTY</b>                     |               |                  |               |       |             |                                      |           |              |                         |
| Acclaim at Belmont Bay                           |               | 571-489-7070     | Woodbridge    | 124   | 3,400       |                                      | ●         | ●            |                         |
| Capitol Ridge Gracious Retirement Living         |               | 571-347-1843     | Bristow       | 149   | 2,895       |                                      | ●         | ●            |                         |
| Farifax, The                                     |               | 703-799-1200     | Ft. Belvior   | 382   |             |                                      | ●         | ●            |                         |
| Fairmont, The                                    |               | 703-691-5026     | Manassas      | 102   | 2,664       |                                      | ●         | ●            |                         |
| Harper's Station                                 |               | 703-596-8153     | Haymarket     |       |             |                                      | ●         | ●            |                         |
| Lake Ridge Fellowship House                      |               | 703-494-4455     | Woodbridge    | 99    |             |                                      | ●         | ●            |                         |
| Oaks Senior Community, The                       |               | 703-221-4888     | Triangle      | 58    | 705         |                                      |           | ●            |                         |
| Oaks of Wellington                               |               | 703-365-8500     | Manassas      | 131   | 1,160       |                                      | ●         |              |                         |
| Park Place                                       |               | 703-257-3455     | Manassas Park | 148   | 940         |                                      | ●         |              |                         |
| <b>Potomac Place</b>                             | 145           | 703-494-3817     | Woodbridge    | 88    | 3,512       |                                      | ●         | ●            |                         |
| Potomac Woods Senior Living                      |               | 703-491-9710     | Woodbridge    | 128   | 895         |                                      | ●         |              |                         |
| Quarry Station Seniors Apartments                |               | 703-393-7788     | Manassas      | 79    | 693         |                                      | ●         | ●            |                         |
| River Run at Prince William Commons              |               | 703-878-4618     | Woodbridge    | 300   | 699         |                                      | ●         |              |                         |
| Victoria Park & The Woods Apartments             |               | 703-879-8327     | Woodbridge    | 110   | 940         |                                      | ●         | ●            | ●                       |
| <b>The Wellington at Lake Manassas Community</b> | INSERT        | 703-468-2750     | Gainesville   | 115   | 3,400       |                                      | ●         | ●            | ●                       |
| <b>Westminster at Lake Ridge</b>                 | 26-27         | 703-496-5156     | Lake Ridge    | 235   | 1,817       |                                      | ●         | ●            |                         |
| <b>OTHER VIRGINIA</b>                            |               |                  |               |       |             |                                      |           |              |                         |
| <b>Harmony at Falls Run</b>                      | 105, 123, 172 | 540-479-3788     | Stafford      | 115   | 3,225       |                                      | ●         | ●            |                         |
| <b>Williamsburg Landing</b>                      | 30-31         | 757-565-6505     | Williamsburg  | 317   | 3,595       |                                      | ●         | ●            |                         |
|  |               |                  |               |       |             |                                      |           |              |                         |
|  |               |                  |               |       |             |                                      |           |              |                         |
|  |               |                  |               |       |             |                                      |           |              |                         |